

Monique A. Major, PhD
Howard University
Department of Psychology
2300 Sixth Street, NW, Suite 1124 LKD (Lewis K. Downing Building)
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EDUCATION

- 2013 - 2016 Doctor of Philosophy, Personality Psychology, Howard University, Washington, D.C. Dissertation Title: *From heart rate variability to personality: Understanding individual differences during the artistic creative process.*
- 2011 - 2013 Master of Science, Personality Psychology, Howard University, Washington, D.C. Master's Thesis Title: *Big five and the creative process: Development of the Approaches Creative Process Questionnaire.*
- 2008 - 2011 Bachelor of Science, Psychology, Minor in Painting, Summa Cum Laude, College of Arts and Sciences Honors Program, Howard University, Washington, D.C.
- 2006 - 2007 Bachelor of Arts, Communication (Transferred), St. John's University

TEACHING EXPERIENCE

- 8/2022 - Present **Master Instructor**, Howard University Department of Psychology, Washington, D.C.
- 9/2019 - Present **Lecturer**, Howard University Department of Psychology, Washington, D.C.
- 1/2018 - 9/2019 **Instructor**, Howard University Department of Psychology, Washington, D.C.
- 8/2016-5/2017 **Assistant Professor**, Virginia State University Department of Psychology, Petersburg, V.A.

Undergraduate Courses Taught

- Seminar on Mental Health & the Arts
- Statistics I
- Statistics II
- Research Design & Analysis
- Advanced Seminar in Qualitative Methods

Graduate Courses Taught

- Introduction to Psychology
- Social & Personality Development Seminar
- Seminar in Personality

RESEARCH

Principal Researcher. Creativity Research Group at Howard University. We investigate the ways the arts have been mentally and physically protective within the lives of Black people in the diaspora. We present our research locally and nationally. Graduates from our research group have attended graduate school for psychology and art therapy.

SELECT ORAL PRESENTATIONS

- Major, M.,** Lo, L., Bellot, J. Terroade, J. (December, 2021). *Community Harvest: Updates about Art Therapy Efforts at a Historically Black University*. American Art Therapy Association's 52 Conference. (Virtual)
- Major, M.,** Green, K., Lo, L., Baker, D., Crews, R. (November, 2020). *Historically Black Colleges/Universities as Fertile Grounds for the Future of Art Therapy*. American Art Therapy Association's 51st Conference. (Virtual) Washington, D.C.
- Major, M., A.,** Harrell, C. J. P. (July, 2013). *Resiliency, identity and creativity: Lessons from the Black Arts Movement*. 45th Association of Black Psychologists Annual International Convention, New Orleans, L.A.

SELECT POSTER PRESENTATIONS

- Boursiquot, K., & Major, M.A. (April, 2022). *Art Therapy Education at Undergraduate and Graduate Levels*. Howard University Research Month. Washington, D.C.
- Dunn, G., & **Major, M. A.** (April, 2022). *Past and Present: A Study of Oral Traditions that Heal and Mitigate with the Black Diaspora*. Howard University Research Month. Washington, D.C.
- Rokaya, G., & **Major, M.A.** (April, 2022). *The Relationship Between Spirituality and Creativity*. Howard University Research Month. Washington, D.C.
- Richardson, R., & **Major, M.A.** (April, 2022). *The Effectiveness of Dance/Movement Therapy on Body Image for Adolescents*. Howard University Research Month. Washington, D.C.
- Moore, C., & **Major, M. A.** (April, 2019) *Does the Creative Process Lead Artists to Feel More Anxious*. Howard University Research Week. Washington, D.C.
- Lo, Lillian, & **Major, M. A.** *Examining the Use and Results of Art Therapy Within Prison*. (April, 2019). Howard University Research Week. Washington, D.C.

COMMISSIONED WORK

Public

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| 2021 | Mary McLeod Bethune Elementary School Beautification Project III, 2 x 20 feet, <i>Untitled</i> , paper installation, Mary McLeod Bethune Elementary School, Philadelphia, PA (in collaboration with Monica A. Major) |
| 2018 | Black Graduate Conference in Psychology, <i>Nurture the Land to Restore the Harvest</i> , mixed media (acrylic paint and paper) on canvas printed on the cover of the program proceedings books, Black Graduate Conference in Psychology, Washington, D.C |
| 2016 | Zion Baptist Church, <i>Family Tree</i> , 7 x 12 feet mixed media (acrylic paint, fabric and oil) on canvas, Zion Baptist Church, Philadelphia, PA (in collaboration with Monica A. Major) |
| 2013 | Black Graduate Conference in Psychology, <i>There is a River</i> , mixed media (acrylic paint and paper) on canvas and then printed on the cover of the program proceeding book, Black Graduate Conference in Psychology, Washington, D.C. |

AWARDS

- 2022 Nominated for an Outstanding Teaching Award for Full-Time Lecturer or Master Instructor in the College of Arts & Sciences at Howard University.